



Wellness for All

Learning Systems

Hello Principal!

I am Pat Gough, experienced educator, who tried many ways to reach Principals with an innovative approach to *'transform a school community to a culture of wellness'*... for everybody - and I mean everybody - within the walls of your school... right into your students' homes! Only one Principal responded. What I have to offer is certainly worth your attention. I understand how busy you are from the wear and tear of the job. I get it! Because this is such a valuable experience, I am alerting parents to help support this remarkable cause!

I was an elementary Principal once, too. Your job is impossible! Too many demands, out-of-school-meetings, unnecessary initiatives, and still dealing with COVID? Juggling far too much. So, this time, I am inviting parents to get in on the ground floor. They will be your greatest supporters! A partnership, supported by a Wellness Team, demonstrating collaboration! No more guessing at what might work best or having teachers research for best wellness practices.

If I tell you I can help shift the energy in your school to a more positive vibe, introduce collaboration, and mentorship, include ALL staff, provide 6 months of in-house personal and professional development around wellbeing, while getting your parents excited about the changes they see, and are invited to participate too. Are you still too busy? Imagine, all the above plus evidence-based results! Yes Virginia, there is a Santa Claus!

Thinking this is too good to be true? Must be expensive, eh? Not the case, at all. It will cost you 12 CENTS per day, per student, (for 6 months) or \$2.00 per month for each student. That price includes EVERY staff member, outside agent, office staff, and custodians, who will all embrace the techniques, teach them, or facilitate them forFREE! Benefits will last for years to come!

A tad curious? Please find time to watch this informative video, so you won't regret missing out on a fantastic opportunity, at a minimal cost, that provides evidence-based results! Boost morale on your staff with an entire digital workshop series, completed during school hours that has PD.

Get a paper and pen to jot down what resonates with you, during the webinar. Once you watch it, be sure to request the Wellness for All Learning System's Briefing Summary that outlines what skills are taught each month and so much more. The breakdown of costs will be included too! Follow the link below to learn more.

Visit www.wellnessforall/wfaprogram for further details.

